



Winter/Spring 2023

DAY	COURSE NAME	TIME	STARTS	ENDS	SESSIONS	FORMAT	PRICE
Monday	Introduction to Bridge	10 am	Jan 16	Feb 27	6	Northwood	\$22
Monday	Creating for Wellbeing	10 am	Jan 16	Feb 27	6	In-Class	\$22
Monday	Current Events	1 pm	Jan 16	Mar 27	10	In-Class	\$30
Monday	Drawing	1 pm	Jan 23	Mar 13	8	In-Class	\$26
Monday	How to obtain a Medical Cannabis Prescription	10 am	Mar 13	Mar 13	1	Hybrid	\$10
Monday	Travel with Hugh	1 pm	Apr 3	April 17	2	In-Class	\$12
Monday	The Rock Ovens of the Okanagan	10 am	May 1	May 8	2	Hybrid	\$12
Monday	Permanently Temporary: Migrant Farmworkers	1 pm	May 1	May 1	1	In-Class	\$10
Monday	Ecocriticism, Empire, and Environment	1 pm	May 8	May 15	2	In-Class	\$12
Tuesday	The Silk Road	1 pm	Jan 17	Feb 21	6	In-Class	\$22
Tuesday	The Russian Far East	10 am	Jan 24	Jan 24	1	In-Class	\$10
Tuesday	Is there a Future Kelowna Vision to be garnered?	10 am	Jan 31	Jan 31	1	Hybrid	\$10
Tuesday	Writing Group	1 pm	Jan 31	Apr 4	10	In-Class	\$30
Tuesday	Southeast Asia	10 am	Feb 7	Feb 28	4	Hybrid	\$18
Tuesday	A Day in the Life of...	10 am	Feb 7	Mar 14	6	In-Class	\$22
Tuesday	Jane Austen at the Movies	1 pm	Feb 28	May 2	10	In-Class	\$30
Tuesday	A Reading Circle for Reconciliation: UNDRIP	10 am	Mar 21	Mar 21	1	In-Class	\$0
Tuesday	Conversational Spanish for Beginners	10 am	Mar 28	May 30	10	In-Class	\$30
Tuesday	Introduction to Mason and Leafcutter Bees	10 am	Apr 4	Apr 4	1	In-Class	\$10
Tuesday	Experience the Legacy KF Centre for Excellence	2 pm	Apr 11	Apr 11	1	Onsite	\$10
Tuesday	Home Swapping	1 pm	May 9	May 9	1	In-Class	\$10
Tuesday	Enneagram Personality Types	1 pm	May 16	May 16	1	In-Class	\$10
Tuesday	Keep Yer Revs up, Eh !	10 am	May 23	May 23	1	In-Class	\$10
Wednesday	Book Club	10 am	Jan 11	May 10	5	Northwood	\$18
Wednesday	Cohabitation Agreements	10 am	Jan 11	Jan 11	1	In-Class	\$10
Wednesday	Your Immunity System	1 pm	Jan 11	Mar 15	10	In-Class	\$30
Wednesday	A Culture of Personality	10 am	Jan 18	Jan 18	1	In-Class	\$10
Wednesday	Canadian Storytelling Through the Lens	1 pm	Jan 18	Feb 8	4	Hybrid	\$18

DAY	COURSE NAME	TIME	STARTS	ENDS	SESSIONS	FORMAT	PRICE
Wednesday	Introduction to Numerology	10 am	Jan 25	Jan 25	1	In-Class	\$10
Wednesday	Grandmas (and any adult) Growing Readers	10 am	Jan 25	Jan 25	1	In-Class	\$10
Wednesday	Developing Early Mathematicians	10 am	Feb 1	Feb 1	1	In-Class	\$10
Wednesday	Poetry Appreciation	10 am	Feb 8	May 10	10	In-Class	\$30
Wednesday	Healthy Body, Healthy Mind	10 am	Feb 8	Feb 15	2	In-Class	\$12
Wednesday	Consciousness and Interdimensionality	1 pm	Feb 15	Mar 22	6	In-Class	\$22
Wednesday	Introduction to Numerology	10 am	Feb 22	Feb 22	1	In-Class	\$10
Wednesday	Art History: Asian Art	10 am	Mar 8	Apr 12	6	Hybrid	\$22
Wednesday	An Introduction to Okanagan Valley Birds	1 pm	Mar 22	Mar 22	1	Hybrid	\$10
Wednesday	Diabetes Self-Management Workshop	1 pm	Mar 29	May 3	6	In-Class	\$0
Wednesday	Country Profiles	1 pm	Apr 5	May 3	5	Hybrid	\$20
Wednesday	Preparing for End of Life	10 am	Apr 19	Apr 19	1	Hybrid	\$10
Wednesday	Basic Auto Maintenance	10 am	Apr 26	Apr 26	1	In-Class	\$10
Wednesday	Geography of Beer	1 pm	May 10	May 10	1	In-Class	\$10
Wednesday	The History of Lawns and their Future	1 pm	May 24	May 31	2	Hybrid	\$12
Thursday	Wise Women: Exploration through History & Culture	10 am	Jan 19	Feb 9	4	In-Class	\$18
Thursday	Dante, Beethoven and emergence of Humanism	10 am	Jan 19	Feb 9	4	In-Class	\$18
Thursday	Memoir Group	1 pm	Jan 19	Mar 9	8	In-Class	\$26
Thursday	The Psychology of Perception	1 pm	Jan 19	Mar 9	8	In-Class	\$26
Thursday	Personal Planning	10 am	Feb 16	Feb 16	1	In-Class	\$0
Thursday	Goddess Archetypes in Older Women	10 am	Mar 2	Mar 23	4	In-Class	\$18
Thursday	Extraordinary Men	10 am	Mar 2	Mar 30	5	Hybrid	\$20
Thursday	Food Security & Climate Change	1 pm	Mar 16	Mar 23	2	Hybrid	\$12
Thursday	Buddy, Can you Spare a Dime?	10 am	Apr 6	May 4	5	Hybrid	\$20
Thursday	Gods of Sumer	1 pm	Apr 6	May 25	8	In-Class	\$26
Thursday	Travelling the Roman Empire	1 pm	Apr 6	Apr 27	4	In-Class	\$18
Thursday	Honesty in Storytelling	1 pm	May 4	May 25	4	In-Class	\$18
Thursday	Experience the Legacy KF Centre for Excellence	2 pm	Apr 11	Apr 11	1	Onsite	\$10
Friday	Film & Prop Mastering	10 am	Jan 20	Jan 20	1	In-Class	\$10
Friday	Reading Circle for Reconciliation: 94 Calls to Action	1 pm	Jan 20	Jan 20	1	In-Class	\$0
Friday	A Spirit Indestructible	10 am	Jan 27	Feb 3	2	In-Class	\$12

DAY	COURSE NAME	TIME	STARTS	ENDS	SESSIONS	FORMAT	PRICE
Friday	Presenting to your SLR Peers	10 am	Jan 27	Jan 30	2	In-Class	\$0
Friday	The U.S. - China Trade War	1 pm	Jan 27	Jan 27	1	Hybrid	\$10
Friday	Science for Everyone	10 am	Feb 3	Mar 10	6	In-Class	\$22
Friday	The Phoenicians	1 pm	Feb 3	Mar 10	6	In-Class	\$22
Friday	The New World of Untruths	10 am	Feb 10	Feb 10	1	GYM	\$10
Friday	Living with the Dragon	10 am	Feb 24	Mar 3	2	In-Class	\$12
Friday	Canada's First National Internment Operations 1914-1920	1 pm	Mar 3	Mar 3	1	GYM	\$10
Friday	iPad Before Beginners	10 am	Mar 17	Mar 31	5	In-Class	\$20
Friday	iPad Beyond Beginners	1 pm	Mar 17	Mar 31	5	In-Class	\$20
Friday	Watercolour Painting	1 pm	Mar 17	May 12	8	In-Class	\$26
Friday	B.C. Roadside Naturalist	1 pm	Mar 17	Mar 17	1	GYM	\$10
Friday	Creating for Wellbeing	10 am	Apr 14	May 19	6	In-Class	\$22
Friday	Beginners Line Dancing	10 am	Apr 14	May 19	6	GYM	\$12
Friday	A Short History of Nuclear War	1 pm	Apr 14	Apr 14	1	GYM	\$10
Friday	Climate Change & Biodiversity Loss	1 pm	Apr 21	Apr 21	1	GYM	\$10
Friday	The World of the Neanderthals	1 pm	May 19	May 19	1	In-Class	\$10
Various	UBCO Speaker Series	Various times & Dates			4	In-Class	\$20

Society for Learning in Retirement

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