

September 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
1 Labour Day	2	3 10am Scam Spotting	4	5 10am Poetry Writing 10am Who Owns the Arctic?	6	7
8 10am Cannabis & Wellness: Going Deeper 10am Community Advocacy Workshop 1pm Inflammation: The Good, the Bad and the Ugly	9 10am A Day in the Life 1pm Who Owns the Arctic?	10 10am Book Club 10am Basic Photography 10am Jazz, Religion and Spirituality 10am Scam Spotting 1pm Poetry Appreciation 1pm Design and Culture in History I	11 10am Estate Planning – 9 Executor Struggles 1pm Syria: Past Present & Future 1pm Tax Smart Investing: Strategies in any Market	12 10am Poetry Writing 1pm Mahjong 1pm The Consciousness Connection	13	14
15 10am The Olmec 10am Geology Basics for the Layperson 1pm Current Events	16 9:45am Memoir Group 10am A Day in the Life 1pm Syria: Past, Present and Future	17 10am Basic Photography 10am Art History 1pm Poetry Appreciation 1pm Design and Culture in History I	18 10am Experiencing South Africa 1pm BRICS	19 10am Poetry Writing 10am Out of the Northwest Passage 1pm Mahjong 1pm The Consciousness Connection 1pm The Decline of the Canadian Military	20 Movie: 1pm	21
22 10am Cannabis & Wellness: Going Deeper 10am Geology Basics for the Layperson 1pm Book Club II 1pm Current Events	23 9:45am Memoir Group 10am A Day in the Life 1pm iPad Photos 1pm The Healing Power of Connection	24 10am Basic Photography 10am Art History 1pm Poetry Appreciation 1pm Design and Culture in History I 1pm Hike – RDCO Scenic Canyon	25 10am Overland: Through the Heart of Africa 1pm Bangladesh	26 10am Actors Studio 10am Poetry Writing 10am Québec Independence by 2030? 1pm iPad Apps 1pm Mahjong 1pm The Consciousness Connection	27	28
29 10am Cannabis & Wellness: Going Deeper 10am It's Your Funeral 1pm Current Events	30 9:45am Memoir Group 10am A Day in the Life 1pm Cancer 201			In-Class In-Class & Zoom Off Site Auditorium Subject to change		