

January 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
2 In-Class In-Class & Zoom Northwood	3	4	5	6	7 Registration 12 pm	8
9	10	11 10:00 Book Club NW 1:00 Your Immunity System	12	13	14	15
16 10:00 Bridge NW 10:00 Creating for Wellbeing 1:00 Current Events	17 1:00 The Silk Road	18 10:00 a Culture of Personality 1:00 Canadian Storytelling through the Lens 1:00 Your Immunity System	19 10:00 Dante, Beethoven, and the emergence of Humanism 10:00 Wise Women 1:00 Psychology of Perception 1:00 Memoir Group	20 10:00 Film & TV Prop Mastering GYM 1:00 Reading Circle for Reconciliation	21	22
23 10:00 Bridge NW 10:00 Creating for Wellbeing 1:00 Drawing 1:00 Current Events	24 10:00 The Russian Far East 1:00 The Silk Road	25 10:00 Grandmas Growing Readers 10:00 Numerology 1:00 Canadian Storytelling through the Lens 1:00 Your Immunity System	26 10:00 Dante, Beethoven, and the emergence of Humanism 10:00 Wise Women 1:00 Psychology of Perception 1:00 Memoir Group	27 10:00 A Spirit Indestructible 10:00 Presenting to your SLR Peers 1:00 The U.S.-China Trade War	28	29
30 10:00 Bridge NW 10:00 Creating for Wellbeing 10:00 Presenting to your SLR Peers 1:00 Drawing 1:00 Current Events	31 10:00 Future Kelowna Transportation? 1:00 The Silk Road 1:00 Writing Group					