

October 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
In-Class In-Class & Zoom Off Site Auditorium			1 10am Portrait Drawing 10am Watercolours 1pm The History of Mysticism 1pm KF Centre for Excellence 1pm Line Dance	2 10am Central Okanagan Land Trust 1pm iPad Skills 1pm Navigating the Digital Health Landscape: in the Age of (mis)Information 1pm Mahjong	3	4
5 10am iPad Photos 10am Global Justice - What do we owe each other? 1pm We Can't Afford the Luxury of a Negative Thought 1pm Current Events	6 10am A Day in the Life of.. 1pm Memoir Group 1pm Islands of Macao, Hainan, Taiwan	7 10am Basic Photography 10am Intro to Anthropology 10am Brookside Manor 1pm Poetry Appreciation 1pm Design and Culture in History V	8 10am Portrait Drawing 10am Watercolours 1pm The History of Mysticism 1pm Women in Work 1pm Line Dance	9 10am Take a Walk with Spirituality 1pm Travel Journal Workshop 1pm Reading Dante 1pm Mahjong	10	11
12 Thanksgiving	13 10am There's Always Time for Science 10am A Day in the Life of.. 1pm Memoir Group 1pm Islands of Macao, Hainan, Taiwan	14 10am Basic Photography 10am Intro to Anthropology 10am Book Club 1pm Poetry Appreciation 1pm Design and Culture in History V	15 10am Portrait Drawing 10am Watercolours 1pm The History of Mysticism 1pm Women in Work 1pm Line Dance	16 10am Moving Through Grief: Gentle Practices 10am Understanding the Role of an Executor in BC 1pm Hormones, Herbs and Menopause 1pm Mahjong	17	18
19 10am Stories, Myths & Archetypes 10am Global Justice - What do we owe each other? 10am Monday Book Club 1pm We Can't Afford the Luxury of a Negative Thought 1pm Current Events	20 10am There's Always Time for Science 10am The Laird of Fintry 1pm Memoir Group 1pm Islands of Macao, Hainan, Taiwan	21 10am Discover Mindful Self-Compassion 10am Intro to Anthropology 1pm Poetry Appreciation 1pm Design and Culture in History V	22 10am Portrait Drawing 10am Watercolours 1pm Women in Work 1pm Line Dance	23 10am Moving Through Grief: Gentle Practices for Healing 10am Gorman Lumber - The Value Adder and Margin Creator 1pm Knead to Know: Sourdough Basics	24	25
26 10am Stories, Myths & Archetypes 10am Global Justice - What do we owe each other? 1pm We Can't Afford the Luxury of a Negative Thought 1pm Current Events	27 10am There's Always Time for Science 10am Weather Report Then and Now 1pm Memoir Group 1pm Food Security in a Warming World	28 10am Discover Mindful Self-Compassion 10am Intro to Anthropology 1pm Poetry Appreciation 1pm Design and Culture in History V	29 10am Tawantinsuyu 10am Travelling the World in an Armchair 1pm Love Her Madly 1pm Line Dance	30 10am Moving Through Grief: Gentle Practices for Healing 10am Comfort by Design: Discovering Your Mind's Ability to Influence Comfort	31	