

January 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
In-Class In-Class & Zoom Off Site Auditorium Subject to change			1	2	3 Registration Open	4
5	6 1pm The Mysterious Guianas	7 10am Intro to Meditation 1pm Regain your Brain	8 10am Watercolours	9	10	11
10am Goddess Archetypes 1pm Current Events	10am Comparison of Residential Facilities 10am Financial Strategies 1pm Death Café 1pm The Mysterious Guianas	10am Intro to Meditation 10am Ancient Tea Horse Rd 10am Tarot Cards 1pm Poetry Appreciation 1pm Regain your Brain	10am Watercolours 10am End of Life Matters 1pm Planet Friendly Vegetable Gardening	10am Understanding Canadian Civics <u>10am Peopling of the America's</u>	17	18
10am Goddess Archetypes <u>10am Eddy's Kingdom</u> 1pm Current Events	10am Lessons Learned 10am Financial Strategies 1pm Memoir Group 1pm The Mysterious Guianas	21 10am Intro to Meditation 10am Tarot Cards <u>10am The Acadians</u> 1pm Poetry Appreciation 1pm Regain your Brain	22 10am Watercolours 10am How I Discovered a life in Broadcasting 1pm UFOs and Consciousness	10am Understanding Canadian Civics <u>10am Understanding Stroke</u> 1pm Supporting Ukraine	24	25
10am Goddess Archetypes 10am It's Your Funeral 1pm Current Events	10am AI Literacy 10am Financial Strategies 1pm Memoir Group 1pm The Mysterious Guianas	28 10am Intro to Meditation 10am Kelowna's Water Story 10am Tarot Cards 1pm Poetry Appreciation 1pm Regain your Brain	29 10am Watercolours 10am Slavery 10am Power of Protein 1pm UFOs and Consciousness	10am Understanding Canadian Civics 1pm The Latest in Dementia Diagnosis and Treatment	31	