



# Fall 2022 Schedule

DAY	COURSE NAME	TIME	STARTS	ENDS	SESSIONS	FORMAT
Monday	Demystifying the Spirit of India	1:00 PM	Sept 12th	Oct 24th	6	In-Class
Monday	Apples to Vineyards	1:00 PM	Sept 19th	Sept 19th	1	In-Class
Monday	Current Events	1:00 PM	Sept 26th	Dec 5th	10	In-Class
Monday	SMARTer Growth: Quality of Life (QoL) Lessons	10:00 AM	Oct 3rd	Oct 3rd	1	Hybrid
Monday	The Legacy of Ernest Shackleton	10:00 AM	Oct 17th	Oct 17th	1	In-Class
Monday	Beginner Card Making	10:00 AM	Oct 24th	Nov 28th	6	In-Class
Monday	Estate Planning for Retirees	10:00 AM	Oct 24th	Oct 31st	2	In-Class
Monday	Road Safety for Seniors	1:00 PM	Nov 7th	Nov 28th	4	Hybrid
Monday	Walking in the Footsteps of the Buddha	10:00 AM	Nov 7th	Nov 14th	2	Hybrid
Monday	From Roe v Wade to Dobbs v Jackson Women's Health Org.	10:00 AM	Nov 21st	Nov 21st	1	In-Class
Tuesday	Introduction to Memoir Writing	10:00 AM	Sept 6th	Sept 6th	1	In-Class
Tuesday	China	10:00 AM	Sept 13th	Nov 15th	10	Hybrid
Tuesday	Snowbirds Seminar	10:00 AM	Sept 13th	Sept 13th	1	In-Class
Tuesday	Writing Group	1:00 PM	Sept 13th	Nov 15th	10	In-Class
Tuesday	Grandmas (and any adult) Growing Readers	10:00 AM	Sept 20th	Sept 20th	1	In-Class
Tuesday	Come walk the Camino de Santiago with Angela	1:00 PM	Sept 20th	Sept 20th	1	In-Class
Tuesday	The Many Faces of Africa	10:00 AM	Sept 27th	Nov 15th	8	In-Class
Tuesday	The Magic of the Written Word	1:00 PM	Sept 27th	Sept 27th	1	In-Class
Tuesday	Creativity	1:00 PM	Oct 4th	Dec 6th	10	In-Class
Tuesday	"When You Need Help to Live"	10:00 AM	Nov 22nd	Nov 29nd	2	In-Class
Tuesday	Christmas Creativity	1:00 PM	Nov 29nd	Nov 29nd	1	In-Class
Wednesday	Accessing Services	10:00 AM	Sept 7th	Sept 7th	1	Hybrid
Wednesday	ASTRONOMY: Back to The Future	10:00 AM	Sept 7th	Oct 12th	6	In-Class
Wednesday	Forbidden Science	1:00 PM	Sept 7th	Nov 9th	10	In-Class
Wednesday	Book Club	10:00 AM	Sept 14th	Dec 7th	4	In-Class
Wednesday	Lebanon: Before & After the Financial Crisis	1:00 PM	Sept 14th	Sept 28th	3	Hybrid
Wednesday	Poetry Enjoyment (Try Poe)	10:00 AM	Oct 5th	Nov 23rd	8	In-Class
Wednesday	Creating for Well-Being	1:00 PM	Oct 5th	Nov 9th	6	In-Class

Wednesday	Science for Everyone	10:00 AM	Oct 19th	Dec 7th	8	In-Class
Wednesday	Myth and Meaning	1:00 PM	Nov 16th	Dec 7th	4	In-Class
Thursday	Art History: Asian Art	10:00 AM	Sept 8th	Oct 27th	8	Hybrid
Thursday	Bob Dylan Revisited	1:00 PM	Sept 8th	Oct 13th	6	In-Class
Thursday	Minding My Own Bushiness	10:00 AM	Sept 15th	Oct 13th	5	In-Class
Thursday	The 12th Planet	1:00 PM	Sept 15th	Nov 3rd	7	In-Class
Thursday	Kodaking and being Kodaked: The Guisachan Album	1:00 PM	Oct 6th	Oct 6th	1	In-Class
Thursday	Learn to Read Tarot Cards	10:00 AM	Oct 20th	Nov 17th	5	In-Class
Thursday	Food Insecurity and Climate Change	1:00 PM	Oct 20th	Oct 20th	1	Hybrid
Thursday	Chronic Pain Self-Management Program	1:00 PM	Oct 27th	Dec 1st	6	In-Class
Thursday	The Coronation Ritual	10:00 AM	Nov 3rd	Dec 1st	5	Hybrid
Thursday	What Ever Happened to Global Free Trade?	1:00 PM	Nov 10th	Nov 10th	1	Hybrid
Thursday	Conscious Aging	1:00 PM	Nov 17th	Dec 8th	4	In-Class
Thursday	Where in the World are We?	10:00 AM	Dec 8th	Dec 8th	1	Hybrid
Friday	Introduction to Medicinal Cannabis	10:00 AM	Sept 9th	Sept 9th	1	In-Class
Friday	How the Catholic Church helped create Europe	1:00 PM	Sept 9th	Oct 28th	8	Hybrid
Friday	Exceptional Women	10:00 AM	Sept 16th	Oct 21st	6	Hybrid
Friday	Painting with Acrylics	1:00 PM	Sept 23rd	Nov 4th	7	In-Class
Friday	The Wars of Russia: from Afghanistan to Ukraine	1:00 PM	Sept 30th	Sept 30th	1	In-Class
Friday	Presenting to your SLR Peers	10:00 AM	Oct 28th	Nov 4th	2	In-Class
Friday	Black Mountain: A Grassland Park with 150 Years of Settler History	1:00 PM	Oct 28th	Oct 28th	1	In-Class
Friday	The Coming Energy Revolution	10:00 AM	Nov 4th	Nov 4th	1	Hybrid
Friday	The End of Impunity: Making Human Rights Work	10:00 AM	Nov 18th	Nov 18th	1	In-Class
Friday	Disrupting Aging: Changing the Conversation About Aging	1:00 PM	Nov 18th	Nov 18th	1	Hybrid
Saturday	Reflections on Bob Dylan	1:00 PM	Oct 15th	Oct 15th	1	In-Class